



Calling all Yoga Enthusiasts

At its heart, Yoga is a spiritual system of self-discovery, enlightenment, and a path toward greater mind-body-soul connection, health, and inner balance.

Walker Lake is proud to offer its first ever Yoga class hosted by our very own community member Valerie Mitchell

Classes will begin on Monday, November 20 at 7:00pm at the clubhouse and run every Monday. (If popular we may add additional classes)

You will need to wear comfortable clothes and bring a yoga mat

Classes will be held on Mondays:

November: 20, 27, December 04, 11, 18, 2023

January 22, 29, February 05, 12, 19, 26, March 04, 11, 18, 25 2024

Fee: \$10.00 per class for members and \$15.00 for non-members (5 person minimum).

You must RSVP to Wlassociation@gmail.com or call 570-296-7788 to reserve your spot.